

Monday - Friday

| | X24 | X24 | X24 | X24 | X24 | X24 | X24 | X24 | X24 | X24 |
|-------------------------------|------|------|------|------|------|------|------|------|------|-----|
| | C | C | C | C | C | C | C | C | C | C |
| Glasgow Buchanan 4 | 0720 | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | |
| Cumbernauld town centre north | 0742 | 0842 | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1542 | |
| Forth Valley Royal Hospital 4 | 0756 | 0856 | 0956 | 1056 | 1156 | 1256 | 1356 | 1456 | 1556 | |
| Kincardine High Street B | 0808 | 0908 | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 | |
| Kincardine High Street B | 0809 | 0909 | 1009 | 1109 | 1209 | 1309 | 1409 | 1509 | 1609 | |
| Cairneyhill post office | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | |
| Dunfermline bus station | 0829 | 0929 | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1629 | |
| Dunfermline bus station 3 | 0835 | 0935 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | |
| Halbeath opp Fife College | 0844 | 0944 | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 | |
| Fife Leisure Park Adventure G | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | |
| Halbeath park & ride | 0852 | 0952 | 1052 | 1152 | 1252 | 1352 | 1452 | 1552 | 1652 | |
| Halbeath park & ride 1 | 0855 | 0955 | 1055 | 1155 | 1255 | 1355 | 1455 | 1555 | 1655 | |
| Bankhead Rdbt Woodside Way | 0911 | 1011 | 1111 | 1211 | 1311 | 1411 | 1511 | 1611 | 1711 | |
| Glenrothes bus station | 0916 | 1016 | 1116 | 1216 | 1316 | 1416 | 1516 | 1616 | 1716 | |
| Glenrothes bus station 6 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1645 | 1745 | |
| Pitlessie Village Inn | 0944 | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1659 | 1759 | |
| Cupar opp rail station | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1708 | 1808 | |
| Dairsie Pitcairn Park | 0959 | 1059 | 1159 | 1259 | 1359 | 1459 | 1559 | 1714 | 1814 | |
| Balmullo post office | 1003 | 1103 | 1203 | 1303 | 1403 | 1503 | 1603 | 1718 | 1818 | |
| Newport Tay Street | 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1729 | 1829 | |
| Dundee rail station | 1023 | 1123 | 1223 | 1323 | 1423 | 1523 | 1623 | 1738 | 1838 | |
| Dundee bus station | 1028 | 1128 | 1228 | 1328 | 1428 | 1528 | 1628 | 1743 | 1843 | |

C - Change bus in Glenrothes onto X54 to Dundee

| | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 |
|-------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | C | C | C | C | C | C | C | C | C | C | C | C | C |
| Dundee bus station 7 | 0740 | 0840 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1755 | 1855 | 1955 |
| Newport Tay Street | 0748 | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1803 | 1903 | 2003 |
| Balmullo opp post office | 0800 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1815 | 1915 | 2015 |
| Dairsie Pitcairn Park | 0804 | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1504 | 1604 | 1704 | 1819 | 1919 | 2019 |
| Cupar rail station | 0812 | 0912 | 1012 | 1112 | 1212 | 1312 | 1412 | 1512 | 1612 | 1712 | 1827 | 1927 | 2027 |
| Pitlessie Village Inn | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | 1720 | 1835 | 1935 | 2035 |
| Glenrothes bus station | 0834 | 0934 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1734 | 1849 | 1949 | 2049 |
| Glenrothes bus station 8 | 0845 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1855 | 1955 | 2055 |
| Bankhead Rdbt Woodside Way | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1748 | 1858 | 1958 | 2058 |
| Halbeath park & ride | 0908 | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 | 1708 | 1808 | 1918 | 2018 | 2118 |
| Halbeath park & ride 3 | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1810 | 1919 | 2019 | 2119 |
| Fife Leisure Park Pizza Hut | 0914 | 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1814 | 1923 | 2023 | 2123 |
| Halbeath Fife College | 0918 | 1018 | 1118 | 1218 | 1318 | 1418 | 1518 | 1618 | 1718 | 1818 | 1927 | 2027 | 2127 |
| Dunfermline bus station | 0926 | 1026 | 1126 | 1226 | 1326 | 1426 | 1526 | 1626 | 1726 | 1826 | 1935 | 2035 | 2135 |
| Dunfermline bus station 6 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1830 | 1940 | 2040 | 2140 |
| Cairneyhill opp post office | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1840 | 1948 | 2048 | 2148 |
| Kincardine High Street A | 0951 | 1051 | 1151 | 1251 | 1351 | 1451 | 1551 | 1651 | 1751 | 1851 | 1959 | 2059 | 2159 |
| Kincardine High Street A | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1853 | 2000 | 2100 | 2200 |
| Forth Valley Royal Hospital 4 | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1807 | 1907 | 2013 | 2113 | 2213 |
| Cumbernauld town centre south | 1021 | 1121 | 1221 | 1321 | 1421 | 1521 | 1621 | 1721 | 1821 | 1921 | 2027 | 2127 | 2227 |
| Glasgow Buchanan 4 | 1041 | 1141 | 1241 | 1341 | 1441 | 1541 | 1641 | 1741 | 1841 | 1941 | 2045 | 2145 | 2245 |

C - Change bus in Glenrothes onto X24 to Glasgow

Saturday

| | X24 | X24 | X24 | X24 | X24 | X24 | X24 | X24 | X24 |
|-------------------------------|------|------|------|------|------|------|------|------|------|
| | C | C | C | C | C | C | C | C | C |
| Glasgow Buchanan 4 | 0720 | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 |
| Cumbernauld town centre north | 0742 | 0842 | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1542 |
| Forth Valley Royal Hospital 4 | 0756 | 0856 | 0956 | 1056 | 1156 | 1256 | 1356 | 1456 | 1556 |
| Kincardine High Street B | 0808 | 0908 | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 |
| Kincardine High Street B | 0809 | 0909 | 1009 | 1109 | 1209 | 1309 | 1409 | 1509 | 1609 |
| Cairneyhill post office | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 |
| Dunfermline bus station | 0829 | 0929 | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1629 |
| Dunfermline bus station 3 | 0835 | 0935 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 |
| Halbeath opp Fife College | 0844 | 0944 | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 |
| Fife Leisure Park Adventure G | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 |
| Halbeath park & ride | 0852 | 0952 | 1052 | 1152 | 1252 | 1352 | 1452 | 1552 | 1652 |
| Halbeath park & ride 1 | 0855 | 0955 | 1055 | 1155 | 1255 | 1355 | 1455 | 1555 | 1655 |
| Bankhead Rdbt Woodside Way | 0911 | 1011 | 1111 | 1211 | 1311 | 1411 | 1511 | 1611 | 1711 |
| Glenrothes bus station | 0916 | 1016 | 1116 | 1216 | 1316 | 1416 | 1516 | 1616 | 1716 |
| Glenrothes bus station 6 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 |
| Pitlessie Village Inn | 0944 | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 | 1744 |
| Cupar opp rail station | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 |
| Dairsie Pitcairn Park | 0959 | 1059 | 1159 | 1259 | 1359 | 1459 | 1559 | 1659 | 1759 |
| Balmullo post office | 1003 | 1103 | 1203 | 1303 | 1403 | 1503 | 1603 | 1703 | 1803 |
| Newport Tay Street | 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1814 |
| Dundee rail station | 1023 | 1123 | 1223 | 1323 | 1423 | 1523 | 1623 | 1723 | 1823 |
| Dundee bus station | 1028 | 1128 | 1228 | 1328 | 1428 | 1528 | 1628 | 1728 | 1828 |

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| | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 |
|-------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | C | C | C | C | C | C | C | C | C | C | C | C | C |
| Dundee bus station 7 | 0740 | 0840 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1755 | 1855 | 1955 |
| Newport Tay Street | 0748 | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1803 | 1903 | 2003 |
| Balmullo opp post office | 0800 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1815 | 1915 | 2015 |
| Dairsie Pitcairn Park | 0804 | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1504 | 1604 | 1704 | 1819 | 1919 | 2019 |
| Cupar rail station | 0812 | 0912 | 1012 | 1112 | 1212 | 1312 | 1412 | 1512 | 1612 | 1712 | 1827 | 1927 | 2027 |
| Pitlessie Village Inn | 0820 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | 1720 | 1835 | 1935 | 2035 |
| Glenrothes bus station | 0834 | 0934 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1734 | 1849 | 1949 | 2049 |
| Glenrothes bus station 8 | 0845 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1855 | 1955 | 2055 |
| Bankhead Rdbt Woodside Way | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1748 | 1858 | 1958 | 2058 |
| Halbeath park & ride | 0908 | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 | 1708 | 1808 | 1918 | 2018 | 2118 |
| Halbeath park & ride 3 | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1810 | 1919 | 2019 | 2119 |
| Fife Leisure Park Pizza Hut | 0914 | 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1814 | 1923 | 2023 | 2123 |
| Halbeath Fife College | 0918 | 1018 | 1118 | 1218 | 1318 | 1418 | 1518 | 1618 | 1718 | 1818 | 1927 | 2027 | 2127 |
| Dunfermline bus station | 0926 | 1026 | 1126 | 1226 | 1326 | 1426 | 1526 | 1626 | 1726 | 1826 | 1935 | 2035 | 2135 |
| Dunfermline bus station 6 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1830 | 1940 | 2040 | 2140 |
| Cairneyhill opp post office | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1840 | 1948 | 2048 | 2148 |
| Kincardine High Street A | 0951 | 1051 | 1151 | 1251 | 1351 | 1451 | 1551 | 1651 | 1751 | 1851 | 1959 | 2059 | 2159 |
| Kincardine High Street A | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1853 | 2000 | 2100 | 2200 |
| Forth Valley Royal Hospital 4 | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1807 | 1907 | 2013 | 2113 | 2213 |
| Cumbernauld town centre south | 1021 | 1121 | 1221 | 1321 | 1421 | 1521 | 1621 | 1721 | 1821 | 1921 | 2027 | 2127 | 2227 |
| Glasgow Buchanan 4 | 1041 | 1141 | 1241 | 1341 | 1441 | 1541 | 1641 | 1741 | 1841 | 1941 | 2045 | 2145 | 2245 |

C - Change bus in Glenrothes onto X24 to Glasgow

Sunday

| | X24 | X24 | X24 | X24 | X24 | X24 | X24 |
|-------------------------------|------|------|------|------|------|------|------|
| | C | C | C | C | C | C | C |
| Glasgow Buchanan 4 | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 |
| Cumbernauld town centre north | 0942 | 1042 | 1142 | 1242 | 1342 | 1442 | 1542 |
| Forth Valley Royal Hospital 4 | 0956 | 1056 | 1156 | 1256 | 1356 | 1456 | 1556 |
| Kincardine High Street B | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 |
| Kincardine High Street B | 1009 | 1109 | 1209 | 1309 | 1409 | 1509 | 1609 |
| Cairneyhill post office | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 |
| Dunfermline bus station | 1029 | 1129 | 1229 | 1329 | 1429 | 1529 | 1629 |
| Dunfermline bus station 3 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 |
| Halbeath opp Fife College | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 |
| Fife Leisure Park Adventure G | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 |
| Halbeath park & ride | 1052 | 1152 | 1252 | 1352 | 1452 | 1552 | 1652 |
| Halbeath park & ride 1 | 1054 | 1154 | 1254 | 1354 | 1454 | 1554 | 1654 |
| Bankhead Rdbt Woodside Way | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 |
| Glenrothes bus station | 1115 | 1215 | 1315 | 1415 | 1515 | 1615 | 1715 |
| Glenrothes bus station 6 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 |
| Pitlessie Village Inn | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 | 1744 |
| Cupar opp rail station | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 |
| Dairsie Pitcairn Park | 1159 | 1259 | 1359 | 1459 | 1559 | 1659 | 1759 |
| Balmullo post office | 1203 | 1303 | 1403 | 1503 | 1603 | 1703 | 1803 |
| Newport Tay Street | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1814 |
| Dundee rail station | 1223 | 1323 | 1423 | 1523 | 1623 | 1723 | 1823 |
| Dundee bus station | 1228 | 1328 | 1428 | 1528 | 1628 | 1728 | 1828 |

C - Change bus in Glenrothes onto X54 to Dundee

| | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 | X54 |
|-------------------------------|------|------|------|------|------|------|------|------|------|------|------|
| | C | C | C | C | C | C | C | C | C | C | C |
| Dundee bus station 7 | 0840 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1755 | 1855 |
| Newport Tay Street | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1803 | 1903 |
| Balmullo opp post office | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | 1815 | 1915 |
| Dairsie Pitcairn Park | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1504 | 1604 | 1704 | 1819 | 1919 |
| Cupar rail station | 0912 | 1012 | 1112 | 1212 | 1312 | 1412 | 1512 | 1612 | 1712 | 1827 | 1927 |
| Pitlessie Village Inn | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | 1720 | 1835 | 1935 |
| Glenrothes bus station | 0934 | 1034 | 1134 | 1234 | 1334 | 1434 | 1534 | 1634 | 1734 | 1849 | 1949 |
| Glenrothes bus station 8 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1755 | 1855 | 1955 |
| Bankhead Rdbt Woodside Way | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1758 | 1858 | 1958 |
| Halbeath park & ride | 1008 | 1108 | 1208 | 1308 | 1408 | 1508 | 1608 | 1708 | 1818 | 1918 | 2018 |
| Halbeath park & ride 3 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1820 | 1920 | 2020 |
| Fife Leisure Park Pizza Hut | 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1824 | 1924 | 2024 |
| Halbeath Fife College | 1018 | 1118 | 1218 | 1318 | 1418 | 1518 | 1618 | 1718 | 1828 | 1928 | 2028 |
| Dunfermline bus station | 1026 | 1126 | 1226 | 1326 | 1426 | 1526 | 1626 | 1726 | 1836 | 1936 | 2036 |
| Dunfermline bus station 6 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1840 | 1940 | 2040 |
| Cairneyhill opp post office | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1848 | 1948 | 2048 |
| Kincardine High Street A | 1051 | 1151 | 1251 | 1351 | 1451 | 1551 | 1651 | 1751 | 1859 | 1959 | 2059 |
| Kincardine High Street A | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1900 | 2000 | 2100 |
| Forth Valley Royal Hospital 4 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1807 | 1913 | 2013 | 2113 |
| Cumbernauld town centre south | 1121 | 1221 | 1321 | 1421 | 1521 | 1621 | 1721 | 1821 | 1927 | 2027 | 2127 |
| Glasgow Buchanan 4 | 1141 | 1241 | 1341 | 1441 | 1541 | 1641 | 1741 | 1841 | 1945 | 2045 | 2145 |

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